



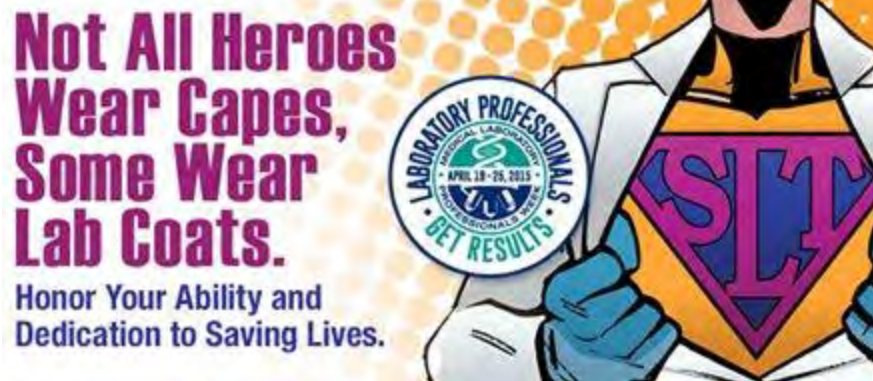
# Lab Week 2015

**Theme: Not All Superheroes Wear Capes, Some Wear Lab Coats**

**April 20-24, 2015**

The following is a summary of all the Lab Week activities The Department of Pathology and Laboratory Medicine at the Hospital of the University of Pennsylvania hosted for Medical Laboratory Professionals Week in 2015

**Nichole Howard**  
**5/1/2015**



## **THANK YOU!**

First and foremost, special thanks goes out to the entire Activities Committee and all of the Departments volunteers who helped make this year's lab week wonderful. We really hope everyone had a fantastic time partaking in the events that were planned. The following is a summary of the activities that were organized in order to celebrate our amazing laboratory staff.

## **Food Fanatics!**

Food was a very popular theme throughout the week. On Monday, all 604 of our lab staff and administration were invited to an indoor Lab Week themed picnic (a luncheon was provided for those offsite & on third shift). On Tuesday, soft pretzels were distributed to all of the employees at HUP. Wednesday was our second annual dessert competition! Lots of amazing desserts were entered, all of which provided a nice sugar rush to get all of the department staff through the day. On Friday, everyone was invited to a Happy Hour in University City. For the second year in a row, the Lab Week Happy Hour was held at City Tap House with light appetizers.

In addition, multiple "Lunch and Learns" and "Breakfast and Learns" were held during the week. On Tuesday, the CEO of CLSI presented a Lunch and Learn on "The Clinical and Laboratory Institute (CLSI); who we are and how we can assist in improving quality at HUP." On Wednesday Roche presented three sessions on "Biomarkers in Heart Failure: Diagnosis, Prognosis, and Beyond" and Kendrion presented a Lunch and Learn for Transfusion Medicine on Rh Immune Globulin. On Thursday, Beckman presented two Lunch and Learn sessions and two Breakfast and Learns on "Advancing Your Lab Forward with Iris UA Chemistry."

## State of the Department

On Tuesday, the Department's staff and faculty at HUP were invited to a "State of the Department" address presented by our Chair, Dr. David Roth, in 6 Founders Conference room at two separate



occasions. Dr. Roth spoke about the history of "firsts" in the Department, the central importance of the lab and the Department to all operations across Penn Medicine, and about his vision for the Department of Pathology and Laboratory Medicine to be the premier academic department in the United States and to become a worldwide model of the pathology and lab medicine department of the future.

## The Lab Week Gift

The entire staff was given a portable speaker, which could be hooked up to any smart phone or computer. This techy gift was selected by The Lab Week Activities Committee.

## Chocoholics? Not us... Candy Grams Galore

Over **250** Candy Grams were purchased for distribution this year, making the lab week candy grams a great success once again. The candy grams were a lab favorite that took "a group effort" to construct. The committee used the money raised to fund a few of the activities during the week, notably the Lab Week Picnic, soft pretzel day and the prizes for all of the contests.

## A Competitive Spirit

Besides the Picnic, raffles, and luncheons, there were a variety of competitions and games that employees were able to participate in throughout the entire week. Many of which brought out the competitive nature of our lab techs.

The first contest offered was the Lab Week Door Decorating, 13 of the Department's labs and sections entered this competition making it very hard for our panel of judges! The panel included: Dr. Roth, Department Chair; Bob Challender, Department COO; John Kirby, Associate Exec Director HUP Operations; and Carolyn Jackson, COO HUP.

The second was our second annual dessert competition that was held in the 7 Founders conference room, where prizes were awarded for Best Dessert Overall, Best Tasting, and Most Creative Dessert.

The third was the Lab Week Game: Riddler's Revenge! Clues were sent out on the possible "victims" each day during lab week. There were three winners, one on each shift. Lastly, we distributed a variety of Lab oriented games throughout the week for people to complete for prizes or just for fun. Namely, the Estimation Game, and Spot the Difference. All of these games were master minded by our Lab Week Games & Contest Guru: Rich Panak.

**Super Heroes Decorate Your Lab Door Contest:**

- **1<sup>st</sup> Place and the winner of the Golden “Erle”:** Microbiology for “Microtech”
- **2<sup>nd</sup> Place:** HLA for “Captain Trans-Plant-it”
- **Honorable Mention:** Blood Bank for best presentation

**Pictured Below: Dr. David Roth and John Kirby checking out the Molecular Pathology Door Décor, Dr. Irving Nachamkin and the Blood Bank team, the HLA team, and the Microbiology team with their winning doors**



## Congrats to HLA and Blood Bank!



HLA



Blood bank



Congrats to



Microbiology!

### 3<sup>rd</sup> Annual Dessert Contest

- **Best Overall:** Winner, **Kaitlin Novelli from Immunology** for her Key Lime Mini Pies!
- **Best Tasting:** Winner, **Deaon Lewis from Hematopathology** for her “Not Yo Momma’s, Banana Pudding!”
- **Most Creative Dessert:** Winner, **Kate Staelens from POCT** for her Hamburger Cookies and Wafer Fries!



### Riddler’s Revenge – Answer to Riddler’s Revenge: Paige Stanley

- **First Shift Winner:** Caren Gentile from Molecular Pathology
- **Second Shift Winner:** Cody Crammer from Anatomic Pathology
- **Third Shift Alternative Winner:** Sarah Leonard from POCT\* Since there was no winner on 3rd shift, the next person to submit the correct answer was awarded a prize.

### Estimation Game – Answer 181 pieces of candy in jar

- **Winner with Closest Guess of 175:** Wilma Folkes from Central Receiving & Processing



## Giving Back and Putting the Lab on the Map

A lot of the week's activities this year were created to make sure the internal lab staff knows how appreciated they are. However it was also important to those on the committee to give back to our local community. From 10:30am-2:30pm on Tuesday, Wednesday and Thursday, a Lab Week display table and informational posters were placed on the Ravdin Mezzanine in order to highlight the work that the Department of Pathology and Laboratory Medicine does in the areas of Clinical Pathology; Anatomic Pathology; Transfusion Medicine and Therapeutic Pathology; and New Initiatives across the Department. In addition, an informational video "Follow the Specimen: A Behind-the-Scenes Look at Pathology and Laboratory Medicine," which was produced by Daniel Wild and Dr. Irving Nachamkin, was shown during these times. The video is available on the Penn Medicine YouTube channel, where it is one of the top-ten most watched Penn Medicine videos of all time:

<https://www.youtube.com/user/pennmedicine/videos>

As many of you saw (and a lucky few of you won), the many hours that were put into making the awesome gift baskets really paid off—not only did they look fantastic on the display, but we were able to raise over **\$6,665 in the 12 hours** we had them exhibited on the Ravdin Mezzanine! All of these proceeds were donated to MANNA (Metropolitan Area Neighborhood Nutrition Alliance) and PEC (the Peoples Emergency Center), two Philadelphia charities that provide nutrition for people with life-threatening illnesses and that nurture and support families in local neighborhood communities.



Pictured above: Jacque Healey, Tori Gawell and Stefan Hailey

Please see the following for a complete list of winners:

<b>Donating Area</b>	<b>Theme of Basket</b>	<b>Winners!</b>
Anatomic Pathology & 3020	A Night Out basket (gift cards)	Peggy Bulley – Lab Medicine Administration
Endocrinology	Italian Cooking	Vivian Davis – Visitor
HLA	Philly BYOB	Dr. Don Siegel – Transfusion Medicine
Immunology/ Flow Cytometry	Local Philadelphia Craft Beer and Restaurant	Linda Cabrelli – Visitor
Lab Medicine Administration	Sure Winner - \$500 and \$120 in Lottery Tickets	Dr. Stuti Shroff - Anatomic Pathology
Microbiology	Micro Craft Brew	Linda Nace – SOM
Molecular Pathology	Phillies Phan-atic	Brooke Marcellus - HLA
Path and Lab Medicine Administration – 6 Gates	Baking	Demetrius Clement – Auto Lab
Point of Care Testing	BBQ	Ben Kahane – Visitor
Special Coagulation	Camping Fun	Keith Carneavale, Maintenance
Toxicology	Party On!	Jill Huzinac - Patient Safety
PLM School of Medicine	Day at the Beach	Jim Leh – Physical Plant
Transfusion Medicine	Philly Fun Basket ( 4 Zoo, Franklin Institute and Dorney Park Tickets)	Evelyn – Ultrasound Department
Automation Lab	ipad mini and case	“Jesper” – Visitor
Central Receiving & Client Services	Calgon – Take Me Away	Jermaine – Physical Plant Maintenance



**Basket Raffle - Capturing the Moment:**



**Peggy Bulley after hearing her name called as a winner**



**Dr. Irving Nachamkin and Bob Challender, hard at work announcing the winners on the Mezzanine.**

**Among the Unsung heroes of Patient Care**

Thanks to everyone's hard work and dedication, an announcement of many of the activities we did this week was broadcast via the HUP Date, the Department Facebook Page, the UPHS Express Weekly and we were featured on the **PECO Tower Crown Lights!!**



The link to the Facebook page is below:

Facebook Link: [www.facebook.com/PennPathologyandLabMedicine](https://www.facebook.com/PennPathologyandLabMedicine)

**On behalf of the Activities Committee, we hope you enjoyed all of the Lab Week festivities.  
See you all next year!**

